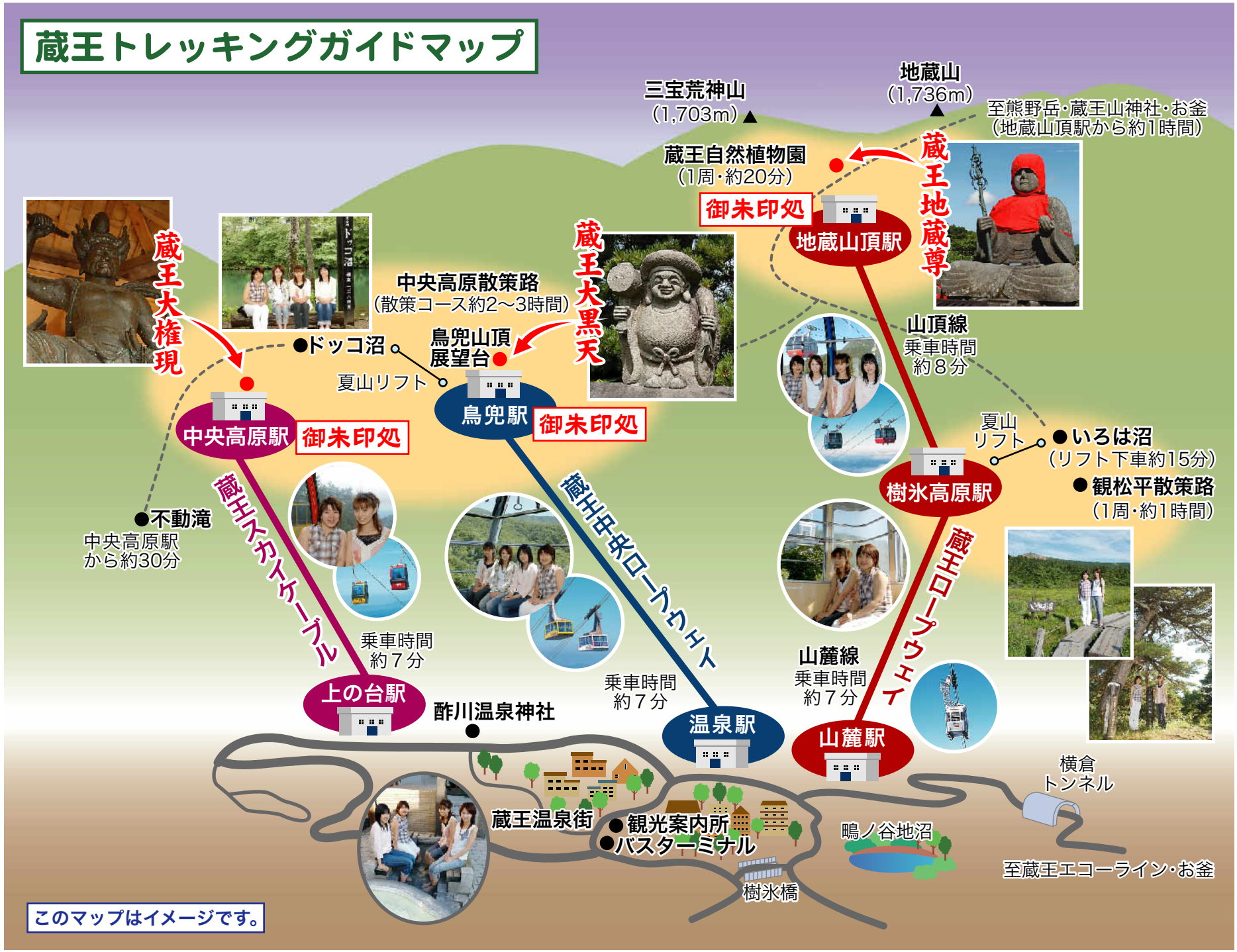蔵王トレッキングガイドマップ